

# To prevent the spread of COVID-19, prevention measures remain in effect after May 8<sup>th</sup>

## Everyday Preparations

- Household medicine (fever & cough medicine, etc.)
- COVID-19 antigen testing kit
- Thermometer, everyday necessities (such as food with long shelf-life)



Over-the-counter  
fever and pain  
reduction medicine



**※Always keep infection countermeasures in mind**

## If you notice any unusual physical changes

- ① Don't panic and **see if there is a response to household medicine**. If you are concerned, take an **antigen test**.

※ Generally, for children under 6 it is recommended to consult the First-aid for Children Guidebook and your regular physician.

- ② Call the **"Telephone Consultation Desk"** at the number below if symptoms don't improve or if you are concerned about a positive result.

First-aid for Children  
Guidebook  
(Sudden Illnesses)



### ◆Telephone Consultation Desk Information◆

|         |                                     |                               |                     |
|---------|-------------------------------------|-------------------------------|---------------------|
| Okazaki | Okazaki Medical Consultation Center | 24 hours a day, 7 days a week | <b>052-856-0318</b> |
| Kota    | Covid-19 Health Consultation Center | 24 hours a day, 7 days a week | <b>052-526-5887</b> |

Pediatric Emergency Consultation Number #8000 (Every day 19:00pm-8:00am)

- ◎ In case of a positive result, it is recommended to recuperate for 5 days after symptoms appear and a further 24 hours once they recede.

## Precautions when visiting medical institutions, facilities for the elderly, etc.

- Covid-19 is highly infectious so **wear a mask** around the elderly and people with underlying health conditions.

- **Even after May 8<sup>th</sup>**, medical institutions continue to **take infection countermeasures** such as limiting gathering times or places.



- If you wish to get a checkup, please consult the medical institution by phone first and follow their instructions.