

Dear Students ~A message from the Okazaki Board of Education~

At present, people in Japan and around the world are working to prevent the spread of the Novel Coronavirus. Individuals who were infected as a group on the cruise ship Diamond Princess coming to a medical center in Okazaki is also an important step in preventing the spread of the virus.

Many different people are working their hardest so that the virus does not spread. In addition, some of your fellow students who were going to school in China, where the virus is spreading, or other countries, or temporarily visited home in China and came back, may be attending your school.

We have a request to ask of everyone. Please be sure that you do not for any reason say or do anything that would hurt or offend those who are working their hardest to stop the virus from spreading, their families, friends or fellow students who may have been living in a country unfamiliar to them, or children who go to school near the medical center.

If you see someone who seems worried or uneasy, talk to them kindly and give them your support. If something happens that hurts or upsets you, tell an adult who you trust. Do not listen to rumors people may tell you. We hope that each of you will be able to put yourself in the position of the person being talked about, and act in a way that is considerate of everyone.

For your own health, please take precautions to avoid the virus.



Ways to Prevent Infection with Novel Coronavirus

- Carefully wash your hands and gargle.
- Wear a mask if you are sneezing or coughing.
- Do not stay up too late. Get enough sleep.
- Eat balanced meals to stay in good shape.
- Open the classroom windows regularly to get fresh air.
- If are not feeling well, do not force yourself to go to school.
Rest up as soon as you can.



Symptoms Needing Special Attention

- ① Cold symptoms and a fever over 37.5 °C lasting 4 days or more.
- ② Strong feeling of sluggishness or trouble breathing

When symptoms ① or ② are present, please call the Center for Returnees & Infection Contact
(Public Health Center 080-1603-9000)

